



NOVEMBER 2023





Monday

Beef Nachos

Refried Beans

Salsa Cup

Crispy Apple Chips

13 Breakfast for Lunch

French Toast Sticks

Baked Beans

Pineapple Chunks

Pork Sausage Links

Tuesday

Wednesday

Thursday

Macaroni & Cheese

Roasted Cauliflower

Assorted Fresh Fruit

Chocolate Grahams

Turkey Meatballs in

Sweet Chili Sauce

Brown Rice

Seasoned Green Beans

Assorted Fresh Fruit

Friday

Popcorn Chicken

Fresh Baby Carrots

with Ranch Cup

Chilled Pears

Farmers Market Educational Snack

An assortment of site-based favorites offered daily, including cereal, oatmeal

chocolate chip bars, and bagel

with cream cheese.

Monthly Features:

- Pumpkin Bread
- Stuffed Hashbrowns (Egg & Cheese)



include fruit. iuice & milk

Monthly Entree Choice

Additional Entree

Choices

Double Cheese Quesadilla

Grab & Go:

- Elementary: Deli Turkev & Cheese Sticks with Crackers
- Middle Schools: Buffalo Ranch Crunchy Chicken Salad

CHOW OPTION

Grades 7 & 8 only

- 10/30: Italian Sub
- 11/06: Hot Dog
- 11/13: Spicy Chicken Sandwich

Fresh Sides

Fresh baby carrots and

garden side salads are

offered daily in addition to the featured daily

vegetable.

 11/27: Meatball Sub

Join us for Lunch!

Join your student for a special Turkey Feast on November 16th. Check with your Cafeteria Manager for more information.



Chicken Tenders

Fresh Steamed **Baby Carrots** Diced Peach Cup

Graham Crackers

Beef & Bean Chili Cornbread Steamed Sunshine Carrots Applesauce Cup

Pizzeria Style Cheese Pizza Romaine Salad **Applesauce**

Pizzeria Style Cheese Pizza Romaine Salad Fresh Orange Wedges

Pizzeria Style Cheese Pizza Romaine Salad Fresh Apple Slices

Turkey Feast

Sliced Turkey in Gravy Mashed Potatoes Green Beans Dinner Roll Craisins Pumpkin Pie with Whipped Jopping

Triple Cheese Spirals Steamed Broccoli Frozen Fruit Cup **Graham Crackers**

Meals also

Turkey Feast Date Changes:



- Las Brisas
 - Sunset Ridge
- New River

Wednesday, November 15th

- · Legend Springs · Vista Peak

Friday, November 17th

- · Desert Sage
- Greenbrier





@DVUSDnutrition

Local Milk

Local fat-free and 1% white or non-fat chocolate milk available daily

8reakfast for Lunch

Confetti Pancakes Pork Sausage Links Seasoned Green Beans Assorted Fresh Fruit

28

Beef Tot-chos Ranchero Beans **Diced Mangos** Pretzel GoldFish Crackers

29

Pizzeria Style Cheese Pizza Fresh Carrot Sticks **Assorted Fruit**

Spaghetti & Meatsauce Dinner Roll Romaine Salad Fresh Grapes

November Menu Changes:

Noterra Canyon - 11/9 **Bootcamp Day & Cheeseburgers**







Vegetarian

